



Service Directory

(August 2023)

Provider / service	Description	Service criteria / exclusions
<p>Talk Listen Change Psychoeducation Service</p>	<p>Psychoeducation service, early intervention for first time offenders</p> <p>Early Response - Provision of an arrest referral service for domestic abuse through psycho-educational intervention, where there are no ongoing investigations or bail conditions in place for a domestic abuse offence.</p> <p>Initial sessions will be preparatory and mostly cognitive behavioural, focusing on motivation, responsibility, safety and acknowledgement, based around the following modules.</p> <ol style="list-style-type: none"> 1. Isolation and coercion 2. Aggression and assertiveness 3. Emotional abuse 4. Isolation and jealousy 5. Gender and privilege 6. Sexual Respect 7. Parenting <p>Six 1-1 sessions are provided. Group provision may also be available subject to interest from clients.</p> <p>Service will receive 300 people committing first time offence at standard level of risk (until April 2025).</p>	<p>Adults (18+) assessed as standard risk of harm by police system of risk assessment, first time offence.</p>



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	<p>Chrysalis Centre to match victim clients to support provider based on their location. At minimum they will receive offer of initial meeting to discuss support requirements. They would then receive safety planning and support around a range of needs including mental health, housing, debt, legal advice etc.</p>	
<p>Red Snapper Managed Services (RSMS)</p>	<p>Standard/medium risk service</p> <p>1-2-1 or group-based provision of their Healthy Relationships programme (RSMS –DAP) and access to their 32-interventions: https://www.rsms.ltd/interventions/digital-interventions/</p> <p>The Healthy Relationships programme is a 9-session programme aimed at addressed domestic abuse. Sessions will be based on the following themes (each lasting 1.5 hours):</p> <ul style="list-style-type: none"> (1)Goals (2)Values/Strengths/Identity (3)Beliefs/Attitudes (4)Power Control/Aggression (5)Managing Emotions (6)Developing Alternative Strategies 	<p>Adults (aged 16+) risk assessed as standard/medium risk of harm to victims.</p>



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	<p>(7) Assertiveness (8) Problem-Solving (9) Relapse-Prevention, Maintenance and Goals. The Healthy Relationships programme is led/quality assured by Dr L.Stevens and Dr T.Comer (Clinical Psychologists).</p> <p>The programme will be delivered in person or virtually subject and will be available on a 1-1 or group basis, subject to individual preference, suitability, and/or any risk issues.</p> <p>Chrysalis Centre to match victim clients to support provider based on their location. At minimum they will receive offer of initial meeting to discuss support requirements. They would then receive safety planning and support around a range of needs including mental health, housing, debt, legal advice etc.</p>	
<p>Red Snapper Managed Services (RSMS)</p>	<p>High risk / high harm service</p> <p>1-2-1 version of their Healthy Relationships programme (RSMS –DAP) and access to their 32-interventions: https://www.rsms.ltd/interventions/digital-interventions/ The Healthy Relationships programme is a 9-session programme aimed at addressed domestic</p>	<p>Adults (aged 16+) risk assessed as high risk of harm to victims.</p>



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	<p>abuse. Sessions will be based on the following themes (each lasting 1.5 hours):</p> <ul style="list-style-type: none">(1)Goals(2)Values/Strengths/Identity(3)Beliefs/Attitudes(4)Power Control/Aggression(5)Managing Emotions(6)Developing Alternative Strategies(7) Assertiveness(8)Problem-Solving(9)Relapse-Prevention, Maintenance and Goals. <p>The Healthy Relationships programme is led/quality assured by Dr L.Stevens and Dr T.Comer (Clinical Psychologists).</p> <p>The programme will be delivered in person or virtually, subject individual preference, suitability, and/or any risk issues.</p> <p>Chrysalis Centre to match victim clients to support provider based on their location. At minimum they will receive offer of initial meeting to discuss support requirements. They would then receive safety planning and support around a range of needs including mental health, housing, debt, legal advice etc.</p>	
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<p>Talk Listen Change Respect Young People's Programme</p>	<p>Young person displaying harmful behaviours towards parent/carers programme</p> <p>Provision of 8 – 12 tailored individual and/or groupwork (mixed) sessions for 300 young people (10-16 yrs) who are abusive or violent towards parents/carers and those displaying unhealthy behaviours. This is a whole family approach with parents/carers also receiving support through the sessions.</p> <p>Victim service (for parents/carers) is integrated for this service. Up to 300 family units linked to each client will be supported.</p>	<p>For young people aged 10-16 displaying harmful behaviours or violence towards parents/carers.</p>
<p>RISE Mutual Adult Perpetrator Against Carer/Parent Service</p>	<p>Mature child and family service</p> <p>Early Response - Provision of a programme for adult clients (aged 16+) causing harm to their parent/s. Adapted service offer by age:</p> <ul style="list-style-type: none"> • 16 & 17: <ul style="list-style-type: none"> ○ Provision of 10 sessions for parent/carers, mixed group/individual, teaching NVR de-escalation, parental presence, and reconciliation. 	<p>For mature children aged 16+ abusive or violent towards parents/carers.</p>

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	<ul style="list-style-type: none"> ○ Provision of 6 individual sessions for adolescent, including skills-based and trauma-informed, using CBT, SFBT, and Jungian ideas of creative therapy, image and symbols to break negative cycles, supporting improved emotional management, communication, and personal skills. ● 18+: <ul style="list-style-type: none"> ○ Provision of 10 individual sessions for adult perpetrator. ○ Provision of 4-6 integrated support sessions with parents/carers (individual and/or groupwork) held weekly. Helps the family build resilience, improve communication, empathy, and well-being, drawing on Trauma & Attachment Theory, Cognitive Behavioural Theory, Feminist Theory and Social Learning Theory. It introduces NVR, supporting the parent/carer via de-escalation techniques, building support networks, and establishing healthy boundaries. 	
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	<p>This is a whole family approach with parents/carers also receiving support through the sessions. Victim service (for parents/carers) is integrated with perpetrator provision for this service. Up to 150 family units linked to each client will be supported.</p> <p>Services available both virtually and face to face.</p>	
For Baby's Sake	<p>Whole family service</p> <p>Whole-family, holistic, trauma-informed and attachment-focused domestic abuse programme starting in pregnancy, working therapeutically with both parents who each have their own practitioner.</p> <p>The service integrates client and victim support and works closely with social care teams, safeguarding midwives and other agencies to safeguard children and adults.</p> <p>(14 families -28 parents plus their babies and siblings - supported over 2 year period, estimated 2800 1-1 sessions).</p>	<p>For Baby's Sake is a whole-family domestic abuse programme, which both parents join during pregnancy to break the cycle of domestic abuse and give their baby the best start in life through sensitive, attuned parenting. It is for co-parents where they each want to co-parent their baby, whether together as a couple or not. There can be other children in the family. Either parent may use abusive behaviour and the abusive behaviour may be in one direction or bi-directional. The programme welcomes heterosexual and same-sex co-parents.</p>
Available from April 2024	<p>Cautioning and Relationship Abuse (CARA) replication model programme using workshops (two five-hour sessions per client) to enable</p>	<p>Adults (aged 16+) assessed as standard or medium risk of harm by police system of risk assessment.</p>



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	<p>offenders to understand what domestic abuse is, the impact and its consequences, delivered to 300 perpetrators.</p> <p>Victim clients will be matched to existing service provider based on their location. At minimum they will receive offer of initial meeting to discuss support requirements. They would then receive safety planning and support around a range of needs including mental health, housing, debt, legal advice etc.</p>	
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